"The Incredible Colossal Head"

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Opening narration:

Meet Howard Brewder. His only wish? To be ordinary in every way, and until now, he was succeeding. Today, however, normality will elude him for as of this moment, Howard Brewder's head won't stop growing. How big it will get remains an open question. The answer lies somewhere within that expanding head, but the time for Howard to find it is running out.

Closing narration:

A mostly forgotten anomaly in the medical literature, proposed as one possible, though extreme, symptom of a more common malady, the inclination to think too much and feel too little, and the habit of building prisons out of words. Howard averted disaster because he learned that thoughts aren't real. They sit no more heavily than little birds that come and sit on your shoulder. And when they fly away, reality is what's left, as close as a breath, a kiss, and the Twilight Zone.